



Minneapolis, MN 55406  
(612) 418-2107

### Complementary and Alternative Health Care Client Bill of Rights

I am pleased to provide you with this Client Bill of Rights, in accordance with Minnesota laws, statute 146A, governing complementary and alternative health care practices.

**THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.** Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments.

If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

- You have the right to express concerns or file complaints with the Office of Unlicensed Complementary and Alternative Health Care Practice, Minnesota Department of Health, Health Occupations Program, PO Box 64882, St Paul, Minnesota 55164-0882. 651-201-3721.
- Healing Ground charges for coaching services. Rates are agreed upon prior to provision of services.
- The services to be provided by the coach are coaching in person, or remotely. The responsibility of the coach is to assist you in your efforts to achieve the health-related goals and results you seek.
- You have the right to ask questions regarding the nature of Health Coaching in general and your services in particular, and to have the questions addressed respectfully by the health coach.
- You have the right to complete and current information concerning any health coach assessments and recommended services provided, including the expected duration of service.
- You have the right to reasonable notice of changes in services. You will be provided with prior notice of any changes.
- You may expect courteous treatment and to be free from verbal, physical, or sexual abuse by the health coach.
- Your records and all transactions with the health coach are confidential, unless release of these records is authorized in writing by you, or otherwise provided by law. De-identified information may be shared with other health professionals in a consultative fashion. De-identified and aggregated information may be shared for research purposes.
- You have the right to access and read your records in accordance with Minnesota statutes, section 144.291-144.298.
- Other health coaches are available in the community. You have the right to change practitioners after services have begun. Please ask for any desired information, including referrals.
- You have the right to coordinated transfer of your records when there will be a change in the provider of services. Your records will be transferred at your request.
- You have the right to refuse health coaching at any time including during a session.
- You may assert the above-mentioned rights without retaliation.

I \_\_\_\_\_ acknowledge by my signature \_\_\_\_\_

that I have received the Complementary and Alternative Health Care Client Bill of Rights.

Date \_\_\_\_\_