



Minneapolis, MN 55409
(612) 418-2107

Policies and Responsibilities

Healing Ground provides individual coaching sessions that provide a safe and creative space for support and guidance as you pursue your health and wellbeing goals. My role is to support you in this journey. A session typically includes conversation but may also include unique creative or kinesthetic "experiments" and exercises. It is the client's responsibility to notify the coach of any restrictions that might limit activity in sessions.

Confidentiality

Everything that happens in a coaching session is strictly confidential unless release of these records is authorized in writing by you, or otherwise provided by law. Healing Ground Health Coaching adheres to the Complementary and Alternative Health Care Bill of Rights which defines specific client rights. It is the patient's responsibility to ask questions regarding these rights.

Fees

Healing Ground Health Coaching works on a fee for service basis and does not work with insurance companies for payment. Fees for in-person coaching are payable at the time of service or in advance and can be paid online or in person. Fees for online or telephone coaching are payable in advance online. All coaching packages are payable in advance of the first session of the package. Healing ground accepts cash, checks, and credit cards. Discounts and need-based fee adjustments are available. It is the client's responsibility to inquire about these.

Clients who miss an appointment without cancelling at least twenty-four hours in advance will be charged the full amount of the appointment. Exceptions may be made for illness or other emergencies.

Location

The free initial consultation happens either at a public location in the Minneapolis/St. Paul area (coffee shop, library, etc.), on the phone, or online using Zoom (or other online platform). After that, in-person sessions are held at Mary Dobish's south Minneapolis office. Parking is available. The address will be provided after the initial consultation.

Sessions can also happen online using Zoom (or other online platform) or on the phone. Check-in sessions are conducted either online or by telephone.

Accessibility

Accessing Mary's office requires climbing several steps. Inquire about alternative arrangements if needed.